Fold each printed sheet in half lengthwise. The left side of the document will list the term and the right side will list the definition. Tape or staple the open edges of your flashcards. Cut out your flashcards on the solid lines indicated and fold them on the dotted lines.

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Module 1

Section A: Long-Term Care Facilities

Term

Assisted living facilities (ALFs)

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Facilities that provide help with activities of daily living (for example, taking medicine, using eye drops, getting to appointments, and preparing meals). Residents often live in their own room or apartment within a building or group of buildings. (CDC)

Module 1

Section A: Long-Term Care Facilities

Term

Hospice care

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Program of palliative and supportive care service providing physical, psychological, social, and spiritual care for dying persons, their families, and other loved ones. (CDC)

Module 1

Section A: Long-Term Care Facilities

Term

Infection prevention and control (IPC)

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A practical, evidence-based approach to prevent residents and health workers from being harmed by avoidable infections. (WHO)

Module 1

Section A: Long-Term Care Facilities

Term

Infection preventionist (IP)

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Professionals who make sure that healthcare workers and residents are doing all the things they should to prevent infections. (APIC)

Section A: Long-Term Care Facilities

Term

Interdisciplinary

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Professional disciplines that work together to provide the greatest benefit to the resident. (CMS)

Module 1

Section A: Long-Term Care Facilities

Term

Long-term care (LTC)

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An umbrella term that encompasses several different types of facilities that provide care for individuals who cannot achieve independent self-care in the community; they are generally referred to as long-term care or LTC facilities. (APIC)

Module 1

Section A: Long-Term Care Facilities

Term

Long-term care facilities

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Facilities providing a spectrum of medical and nonmedical supports and services to frail or older adults unable to reside independently in the community. (CDC)

Module 1

Section A: Long-Term Care Facilities

Term

Nursing home

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Nursing facilities providing primarily long-term maintenance and restorative care for individuals needing support with their activities of daily living. A large percentage of certified nursing homes in the U.S. provide a combination of long-term nursing care or restorative services and skilled nursing services. (CDC)

Section A: Long-Term Care Facilities

Term

Palliative care

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Approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, including psychological, psychosocial, and spiritual. (WHO)

Module 1

Section A: Long-Term Care Facilities

Term

Person-centered care

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Means to focus on the resident as the locus of control and support the resident in making their own choices and having control over their daily lives. (CMS)

Module 1

Section A: Long-Term Care Facilities

Term

Skilled nursing facilities (SNFs)

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Facilities engaged primarily in providing skilled nursing care and rehabilitation services for residents who require such care because of injury, disability, or illness. A large percentage of SNFs are dually certified as both SNFs and nursing homes. (CDC)

Module 1

Section B: Ethics

Term

Advance directive

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A written instruction, such as a living will or durable power of attorney for healthcare, recognized under state law (whether statutory or as recognized by the courts of the state), relating to the provision of healthcare when the individual is incapacitated. (CMS)

Section B: Ethics

Term

Durable power of attorney (DPA)

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A legal document that gives one person (such as a relative, lawyer, or friend) the authority to make legal, medical, or financial decisions for another person; may go into effect right away or when the person is no longer able to make decisions for himself or herself; remains in effect until the person who grants it dies or cancels it. (NIH)

Module 1

Section B: Ethics

Term

Guardianship

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The legal process in which one individual takes over the decision making for another when it has been determined that the individual in question lacks decision-making capacity. (Zietlow)

Module 1

Section B: Ethics

Term

Long-term care ombudsman program

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State program that serves individuals living in longterm care facilities such as nursing homes, board and care (including assisted living), and similar settings and works to resolve resident problems related to poor care, violation of rights, and quality of life. Also advocates at the local, state, and national levels to promote policies and consumer protections to improve residents' care and quality of life. (ACL)

Module 1

Section C: Special Populations and Social Gatherings

Term

Bloodstream infections (BSIs)

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Infections in the vascular system; include bacteremia, fungemia, and viremia. (APIC)

Section C: Special Populations and Social Gatherings

Term

Dialysis

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The mechanical removal of excess fluid, electrolytes, metabolic waste, and toxins that would normally be cleared by the kidneys.

Module 1

Section C: Special Populations and Social Gatherings

Term

Vascular access device (VAD)

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Any device used to access the vascular system for hemodynamic monitoring, medication administration, infusions, blood sampling, or dialysis. (APIC)